

# CHRC FALL OUTDOOR LAP SWIM POOL SCHEDULE

COTTONWOODHEIGHTS.COM/AQUATICS

EFFECTIVE SEPTEMBER 3, 2024	OUTDOOR RACE POOL (LONG COURSE)	OUTDOOR DIVE TANK (NO LANE LINES)	INDOOR SAUNA & HOT TUB
MONDAY	9AM-12PM	9AM-10AM, 11AM-12PM & 3PM-6PM	5AM - 8:30PM
TUESDAY	CLOSED	3PM-6PM	5AM - 8:30PM
WEDNESDAY	9AM-12PM	9AM-10AM	5AM - 8:30PM
THURSDAY	CLOSED	3PM-6PM	5AM - 8:30PM
FRIDAY	9AM-12PM	9AM-12PM & 3PM-6PM	5AM - 8:30PM
SATURDAY	CLOSED	CLOSED	6AM - 6PM
SUNDAY	CLOSED	CLOSED	11AM-3:30PM

Our pools are for multiple uses. Activities include: water fitness, swim teams, lessons, water polo, and specialty programs that may restrict lane availability.

Lanes need to be shared if there are more swimmers than lanes available.

If there are three or more per lane, circle swimming must be done (stay to the right).

Swimmers must be at least 14 years of age to be in the lap lanes.

Youth swimmers (under 14 years old) must be able to swim 50 yards of a strong stroke, or get approval from a Supervisor to swim.

QUESTIONS?  
 AUDREY DURFEE  
 MANAGER, AQUATICS DEPARTMENT  
 801-943-3190 EXT. 116  
 AUDREY@COTTONWOODHEIGHTS.COM

Appropriate swimwear, regardless of gender or age, must be worn at all times. No thongs or “t-backs”. Anyone who is not potty-trained must wear a swim diaper & plastic pants (can be purchased here). Children 5 years of age and under must be within arms reach of a parent or chaperone, age 14 or older, while in the pool. Children under 8 must not be left unattended in the pool areas. No glassware is permitted in the aquatics areas. No alcohol or smoking is permitted anywhere on the premises. Swim at your own risk.