

PRECOMP SWIM TEAM WINTER 2024

Dates	Registration Opens @7pm	Fees	Tryouts
October 7th—October 30th (4 weeks) *NO practice 10/17*	Thursday, October 3rd	Member: \$54 Non-Member: \$62	Thursday, October 3rd @6pm INDOOR RACE
November 4th—November 21st (3 weeks)	Wednesday, October 30th	Member: \$41 Non-Member: \$47	Wednesday, October 30th @6pm INDOOR RACE
December 2nd—December 19th (3 weeks)	Thursday, November 21st	Member: \$41 Non-Member: \$47	Thursday, November 21st @6pm INDOOR RACE

Practices are held Monday-Thursday from 4:00-4:45pm OR 5:00-5:45pm in the Indoor Pools.

The Cottonwood Heights Precomp Swim Team is designed for those swimmers who have completed swim lessons and are ready for more of a challenge! In this group, swimmers will be placed in assigned groups each day based off of swim technique, skills, and age. Our CHP coaches will work individually as well as in a group with swimmers to perfect their techniques and prepare them for the CHAT swim team (further participation not required).

TRYOUTS ARE REQUIRED TO PARTICIPATE

Starting swimmers in the CHP swim team program will be asked to complete a tryout before being accepted onto the team. The tryout consists of a 50 yard freestyle, 50 yard backstroke, 25 yard breaststroke, and 15 yard butterfly. All of these skills are taught in our swim lesson program in order to prepare swimmers for tryouts.

*Your swim lesson instructor may offer a tryout on the LAST day of lessons if requested. *

Questions?
 Madie Durrant
 Aquatics Program Coordinator
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Program Information & Registration can
 be found Online
www.chparksandrecUT.gov
Cottonwood Heights
 Parks & Recreation